BENGEL LTD

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PSYCHIATRY EXAMINATION FORM

What is a Psychiatry Examination Form
It is a structured clinical intake document used by psychiatrists, psychiatric nurse practitioners, and mental health clinicians to gather, organize, and record a patient's background, current symptoms, and mental status.

How to accessing the Psychiatry Examination Form
1. Login to BH HMS
2. Select Client/Patient
3. Navigate to the Psychiatry Examination link and click Edit

Psychiatric History

- **DEMOGRAPHICS:**
- **INFORMANT(S):**
- **VOLUNTARY**
- **INVOLUNTARY**
- **SOURCE OF REFERRAL/NON-REFERRAL**
  A referral source identifies the person, provider, or facility that directed or sent the Client. If client was referred: Write the specific name of the person, employee, doctor, facility. If client was not referred: Enter Non-Referral
- **RELIABILITY OF HISTORY:**

- **PRESENTING COMPLAINTS:**

- **HISTORY OF PRESENTING COMPLAINS:**

- **ON DIRECT QUESTIONING**
- **SYSTEMIC ENQUIRY:**

- **PAST PSYCHIATRIC HISTORY:**
- **PAST MEDICAL AND SURGICAL HISTORY: DM, HPT, Epilepsy, Heart Disease, SLE, etc**
- **TREATMENT HISTORY**
- **FAMILY HISTORY**
- **Personal History**
  - Childhood
  - Educational

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- Occupation
- Psychosexual and relationship
- Forensic history
- Substance use
- Premorbid personality: Relationships…..Attitude ..Leisure…Predominant Mood.. Habits…character..

- **SOCIAL HISTORY**
  - Social circumstances, housing, etc

Symptoms (please place under ODQ)..

- Anhedonia
- Low energy levels
- Sad mood
- Poor concentration
- Early morning waking
- Appetite and weight disturbance
- Ideas of worthlessness
- Hopelessness
- Ideas of guilt
- Self-depreciation
- Retardation of speech, or muteness
- Sense of inflated self esteem
- Increased goal directed activities
- Decreased need for sleep
- Over talkative
- Spending /shopping spree
- Disinhibition
- Over familiarity
- agitation
- Previous self-harm
- suicidal thoughts
- Social isolation/withdrawal
- Neglect of personal hygiene
- Talking to self
- Making gestures
- Physical aggression
- Headaches
- Palpitations
- Tremors
- Breathlessness
- Chest pain
- Urinary frequency

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- Faintness
- Lightheadedness
- Fatigue
- Pins and Needles
- Diarrhea
- Dry mouth
- Abdominal discomfort
- Flushes
- Sweating
- Feelings of anxiety
- Inability to relax
- Inability to concentrate
- Poor sleep
- Feeling of impending doom

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EXAMINATION

MENTAL STATE EXAMS

- **Appearance (Structured text, with option for free text)**
  - **General appearance**
    - Personal hygiene
    - Attire
    - Grooming
    - Theme / tone of dressing
  - **Facial expression (free text)**
- **Behavior**
    - Relaxed/ calm
    - Tensed
    - Fidgeting
    - Pacing
    - Agitated

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- Excited
- Threatened
- Psychomotor retardation
- Confused
- Choreiform movement
- Tics
- Catatonia
- Stupor
- Echopraxia
- Negativism
- Ret
- Disinhibited
- Manipulative
- Seductive
- Violent
- Aggression
- Unduly submissive
- eye contact (free text field)
- Suspicious
- Preoccupied
- Cooperative
- Uncooperative
- Uninterested in interview

- Echolalia
- Perseveration
- Any other observed Abnormal behaviour

- **Speech (Structured text, with option for free text)**
  - **Tone**
    - High
    - Low
    - Normal

  - **Rate**
    - Slow
    - Mute
    - Fast

  - **Volume**
    - High
    - Low
    - Normal

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- **Rhythm (Free text)**

- **Content of speech**
  - Relevance
    - Relevant
    - Irrelevant
  - Coherence
    - Coherent
    - Non-coherent

- **Mood (Structured text, with option for free text)**
  - Depressed/sad
  - Anxious
  - Happy//excited/overjoyed
  - Irritable
  - Angry
  - Perplexed/worried

- **Affect**
  - Restricted
  - Elated
  - Expansive
  - Flat
  - Blunt
  - Mood congruous
  - Mood incongruous

- **Perception**
  - Illusions
  - Hallucinations
    - Auditory hallucination
    - Visual hallucination
    - Olfactory Hallucination
    - Gustatory Hallucination
    - Tactile and somatic hallucination
  - Depersonalization
  - De-realization
  - Thought echo

- **Thought Form (Free text)**
  - Linear, goal directed (Normal)
  - Circumstantial

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- Tangential
- Flight of ideas
- Knight move
- Derailment
- Others..

- **Thought stream (Free text)**
  - Pressured
  - Poverty
  - Normal

- **Thought content (Free text)**

  - Delusion of persecution
  - Paranoid delusions
  - Delusion of grandeur
  - Delusions of worthlessness
  - Delusion of reference
  - Delusion of love
  - Delusion of infidelity
  - Delusion of interference
  - Delusion of nihilistic
  - Delusion of influence (Passivity or alienation)
  - delusional perception
  - suicidal ideation
  - suicidal attempt
  - Suicide plan
  - Suicide notes.
  - obsessions
  - compulsions
  - Rumination
  - Flashbacks
  - Homicidal ideation

- **Thought Control/Possession**
  - Thought withdrawal
  - Thought insertion
  - Thought broadcast
  - Thought echo
  - Thought alienation

- **Cognition (Structured text, with option for free text)**
  - Orientation

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  - Time (box allocated to enter free text)
  - Place (box allocated to enter free text)
  - Person (box allocated to enter free text)

- Attention (Free text)
- Concentration (Free text)
- Memory (Free text)
  - Short term
    - 1 min recall
    - 5 min recall
  - Long term

- **Intelligence (Free text)**
- **Insight (Free Text)**
- **General knowledge (Free text)**
- **Abstract thinking (Free Text)**
- **Judgement (Free Text)**

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